

## IPL POST TREATMENT INSTRUCTIONS



**Eye Center of  
Northern Colorado**  
1725 E Prospect Rd  
Fort Collins, CO  
80525

P: 970-221-2222

Immediately after treatment patients may notice slight redness on their eyes, eyelids, and face. This may last anywhere from several hours to three days. Patients will be given individualized eye and eyelid regimens to improve outcomes and minimize any unintended discomfort. Dryness and grittiness may be worse with in the first 1-3 treatments and especially within the first couple of days of treatment due to evacuation of diseased oil.

Pigmented areas on the skin may also appear darker. Superficial pigment may darken, dry and slough off within seven to ten days. Deeper pigment darkens, and then slowly fades as the body absorbs the remnants of damaged pigment. In addition to discussing expected post treatment sequelae, patients are given the following instructions:

- Apply sunscreen everyday (30 SPF or greater)
- If the treated area is red and irritated after treatment you may apply an ice pack or cold compresses
- In caring for the treated area, use only gentle cleansers and lotions until healing is complete. Avoid perfumes and products with alcohol or acid.
- If a blister develops, notify the office immediately for directions on how to safely manage this. Do not pick the blister or scab because a scar may form.
- Call our office if any additional problems, questions, or concerns arise.

We look forward to your feedback and follow up on this revolutionary dry eye treatment!